**FILL IN THE BLANKS**

Activity A25

Choking

From the words below, fill in the blanks to make the correct sentence.



**thrusts**

**airway**

**throat**

**blocked**

**choking**

**face**

**back blows**

**999**

**cough**

**breathing**

**five**

A person who is \_\_\_\_\_\_\_\_ is in serious danger because their airway is \_\_\_\_\_\_\_\_. You can tell if someone is choking because:

* They will have difficulty speaking or \_\_\_\_\_\_\_\_.
* Their \_\_\_\_\_\_\_\_ will go a red or purple colour.
* They might even point at their \_\_\_\_\_\_\_\_.

There are some simple things you can do to help a choking person, by clearing their \_\_\_\_\_\_\_\_\_.

Firstly, ask the person if they are choking. Next, ask them to try and \_\_\_\_\_\_\_\_ out the object that is blocking their airway. If that doesn’t work, give the person five sharp \_\_\_\_\_\_\_\_\_\_\_\_\_ between their shoulder blades. If their airway is still blocked, try to squeeze the object out by giving up to \_\_\_\_\_\_\_\_ abdominal \_\_\_\_\_\_\_\_. Finally, if they are still choking call \_\_\_\_\_\_\_\_\_.